



Post Secondary and Secondary

The following competitive events for **Cal-HOSA** require competitors to **upload digital materials for RCE and SLC.**

1. Community Awareness (Portfolio by one team member) (RCE & SLC & ILC)
2. Emotional Well-Being Challenge (Cover page, Summary of the Evaluation Plan/Tool, and URL Link for Digital Recorded Presentation) (SLC & ILC)
3. Extemporaneous Writing - Health Policy (Writing Health Policy paper) (RCE only)
4. Health Career Display (Required Materials) (RCE & SLC & ILC)
5. Health Career Photography (Portfolio) (RCE & SLC & ILC)
6. Health Education (Portfolio by one team member) (RCE & SLC & ILC)
7. Interviewing Skills (Personal Statement and Resume) (RCE & SLC & ILC)
8. Job Seeking Skills (Personal Statement and Resume) (RCE & SLC & ILC)
9. Medical Innovation (Required materials) (RCE & SLC & ILC)
10. Mental Health Promotion (Reference pages, Completed Mental Health Consultation Form, and Digital File/Link to the Social Media Campaign by one team member) (RCE & SLC & ILC)
11. Prepared Speaking (Speech link) (RCE only)
12. Speaking Skills (Speech link) (RCE Only)
13. Public Health (Presentation link) (RCE & SLC & ILC)
14. Public Service Announcement (PSA Link, Airdate Form, Copyright Form, and Reference Pages by one team member) (RCE & SLC & ILC)
15. Researched Persuasive Writing and Speaking (Paper) (RCE & SLC & ILC)
16. Research Poster (Poster) (RCE & SLC & ILC)